

CROYDON HERNIA TEACHING DAY

Course convener: Rhys Thomas

Venue: Postgraduate Centre, Croydon University Hospital, 530 London Road, Croydon, CR7 7YE rhys.thomas3@nhs.net

Please register through Eventbrite.

- 8.30-9 am registration
- **9-9.20: Surgical Anatomy of the abdominal wall**
 - Sam Parker, Croydon University Hospital
- **9.20-9.40. How to prevent incisional hernias**
 - Sala Abdalla, Ealing Hospital
- **9.40-10: Optimising complex hernia patients.**
 - Oliver Warren, Chelsea and Westminster hospital
- **10-10.20: Radiology for complex hernias**
 - Helena Blake / Laura Pendower, Croydon University Hospital
- 10.20-10.40: coffee
- **10.40-11: Which mesh for Incisional hernias and where to put it?**
 - Sam Parker, Croydon University Hospital:
- **11-11.20: Component separation: which one to do and why?**
 - Oliver Warren, Chelsea and Westminster Hospital.
- **11.20-11.40: The role of plastic surgery in complex hernia surgery.**
 - Waleed Al-Badry, St Georges Hospital
- **11.40-12: Botox in complex hernias**
 - Ravi Saibaba, Croydon University Hospital



Croydon Health Services
NHS Trust

- **12-12.20: Post-operative analgesia in complex hernia surgery**
 - Ashok Sundar, Croydon University Hospital.
- 12.20- 13.00 Lunch
- **13.00- 13.30: Emergency management of complex hernias**
 - Abrie Botha, St Thomas' Hospital
- **13.30-14.10: Managing complex hernia complications.**
 - Paras Jethwa, East Surrey Hospital
- **14.10 – 14.30: Laparostomy: when, how and closing afterwards.**
 - Husam Ebied, St Thomas' Hospital
- 14.30 – 14.50: Coffee
- **14.50 – 16.20: "How I do it". Discussion and video presentations:**
 - Local anaesthetic groin hernia
 - Totally Extraperitoneal Inguinal Hernia TEP
 - Transabdominal pre-peritoneal Inguinal hernia TAPP.
 - Laparoscopic Ventral hernia repair.
 - Rives stoppa / Retrorectus and Transversus release
- **16.20- 16.40: Techniques for Parastomal hernia repair**
 - Jon Van Dellen, Croydon University Hospital
- 16.40-1700 close