

BHS 2024 Programme



Monday 4th November

Session I: The clinic appointment and prehabilitation in hernia surgery
Chairs: David Sanders (Barnstaple), Stella Smith (Manchester)

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- 08:30 - 08:45 Is prehabilitation as important as we think?
Andrew de Beaux (Edinburgh)
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- 08:45 - 09:00 Prehabilitation: how to do it
Alice Birch (Barnstaple), Federica Cocciolo (Barnstaple)
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- 09:00 - 09:15 The role of new anti-obesity drugs and bariatric surgery in prehabilitation
Bruno Sgromo (Oxford)
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- 09:15 - 09:30 The clinic discussion: the first step and the patient's views
Jackie Bullock (Patient Representative, Blackburn), Srinivas Chintapatla (York)
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- 09:30 - 09:45 Discussion

Lecture sponsored by BD

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- 09:45 - 10:15 Biosynthetic mesh in hernia surgery
William Hope (Wilmington, NC)
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10:15 - 10:45 Tea and Coffee Break / Networking

Session II: Am I doing it right?

Chairs: **Mette Willaume (Copenhagen)**, **Praminthra Chitsabesan (York)**

10:45 - 11:00	How to close the abdomen properly to prevent incisional hernia Dominic Slade (Manchester)
11:00 - 11:15	The role of tissue-based repairs in groin hernias and how to do it Ralph Lorenz (Berlin)
11:15 - 11:30	Should we be using the robot in groin hernias? Oroog Ali (Gateshead)
11:30 - 11:45	How to do a rectorectus/Rives-Stoppa repair: get your basics right William Hope (Wilmington, NC)
11:45 - 12:00	How to use the peritoneal flap in your favour Iea Alabassi (Barnstaple)
12:00 - 12:15	When should you fix mesh and what is the best way to do it Nasra Alam (Manchester)
12:15 - 12:30	Discussion

12:30 - 13:30 Lunch / Exhibition

Gore Lunchtime Symposium

13:00 - 13:30

The benefits of robotic ventral hernia repair and abdominal wall reconstruction in high-BMI patients

Gregory Simpson (Wirral)

How does mesh choice affect quality of life in patients undergoing complex abdominal wall reconstruction

Toby Hammond (Basildon)

Discussion

Keynote Lecture

Introduction: Stella Smith (Manchester)

13:30 - 14:00	BJS Lecture: How to achieve the best outcomes in parastomal hernia surgery Eric Pauli (Hershey, PA)
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Session III: AWR, the need for specialist input
Chairs: Giles Bond-Smith (Oxford), Harsha Jayamanne (Newport)

14:00 - 14:15	What is a complex hernia and what is component separation? Toby Hammond (Basildon)
14:15 - 14:30	How to reduce the likelihood of performing component separation Prita Daliya (Nottingham)
14:30 - 14:45	The role of preoperative imaging Eric Pauli (Hershey, PA)
14:45 - 15:00	How to set up an abdominal wall unit: the manager's view Liz Hill (York)
15:00 - 15:15	The future of AWR in the UK - specialist Surgeons and Units? Oliver Warren (London)
15:15 - 15:30	Discussion

15:30 - 16:00 Tea and Coffee Break / Networking

Session IV: The small print of abdominal wall surgery
Chairs: Nasra Alam (Manchester), Aali Sheen (Manchester)

16:00 - 16:15	Diastasis recti: when to operate and what operation to do Mette Willaume (Copenhagen)
16:15 - 16:30	Abdominoplasty; an overview David Ross (London)
16:30 - 16:45	Management of chronic groin pain John Findlay (Barnstaple)
16:45 - 17:00	Groin pain without a hernia: history and exam Maciej Pawlak (Glasgow)
17:00 - 17:15	Management of the acute complex incisional hernia Duncan Scrimgeour (Aberdeen)
17:15 - 17:30	Discussion

Sir Astley Cooper Lecture
Introduction: Dimitrios Damaskos (Edinburgh)

17:30 - 18:00 “Digging up the dead”
Dr Druin Burch (Oxford)

18:00 - 19:15 Drinks Reception in the Exhibition Halls

Tuesday 5th November

Lecture sponsored by Intuitive

08:30 - 09:00 Total Practice Da Vinci Hernia Repair:
Clinical, Operational, and Economic Value across the spectrum of complexity
Adam Brooks (Nottingham)

Session VIII: Robotics in Hernia Surgery
Chairs: Gregory Simpson (Wirral), Oroog Ali (Gateshead)

09:00 - 09:15 My experience of a robotic AWR fellowship
Joshua De Marchi (Dublin)

09:15 - 09:30 How to do a robotic Etep-TAR
Mette Willaume (Copenhagen)

09:30 - 09:45 My experience with TARUP
Michael Glaysher (Portsmouth)

09:45 - 10:00 How to do a TAPP Groin Hernia
Maarten Simons (Amsterdam)

10:00 - 10:15 Discussion

10:15 - 10:45 Tea and Coffee Break / Networking

Digital Surgery Session sponsored by Medtronic
Chairs: Gregory Simpson (Wirral) and Paul Robinson (Wirral)

10:45 - 11:30 Real-World Evidence and Clinical Advancements in Ventral Hernia Repair with
Hugo™ RAS
Dr Sebastien Strypstein (Tielt)

Session VI: Training in Hernia Surgery
Chairs: Nasra Alam (Manchester), Dominic Slade (Manchester)

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| 11:30 - 11:45 | Does the general surgical curriculum prepare you for all hernia surgery?
Samuel Parker (London) |
| 11:45 - 12:00 | How to train as a trainee
Roberta Garau (Edinburgh) |
| 12:00 - 12:15 | How to train as a consultant, the role of the EHS
Maarten Simons (Amsterdam) |
| 12:15 - 12:30 | HIT lists, the concept and are they good for training?
Husam Ebied (London) |
| 12:30 - 12:45 | Social media and hernia training, a blessing or a curse
Eric Pauli (Hershey, PA) |
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12:45 - 13:45 Lunch / Exhibition / BHS AGM

Demonstration

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| 13:45 - 14:00 | Demonstration of the British Hernia Society Registry
Liam Horgan (Newcastle) |
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Session VII: Medicolegal topics
Chairs: Jackie Bullock (Patient Representative, Blackburn), Toby Hammond (Basildon)

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| 14:00 - 14:15 | Patients are only human, we make mistakes too
Susannah Hill (Patient Representative, London) |
| 14:15 - 14:30 | The barrister's view
Amardeep Dhillon (London) |
| 14:30 - 14:45 | GIRFT in hernia surgery
Mark Cheetham (Shrewsbury) |
| 14:45 - 15:00 | Discussion |
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Prize Session

Chairs: Artur Zanellato (Edinburgh), David Sanders (Barnstaple)

15:00 - 16:00

BHS Oral Presentation Prize

BHSo1 Establishing a chemical component separation service using botulinum toxin for abdominal wall reconstruction in a district general tertiary hernia referral unit

Oliver Curwen (Croydon)

BHSo2 The Lived Experience of Parastomal Hernia: A qualitative study exploring the lived experience of patients with a parastomal hernia

Sue Blackwell (Birmingham)

BHSo3 "Happy to close?": The relationship between surgical experience and incisional hernia rates following abdominal wall closure in colorectal surgery

Laurie Smith (Cardiff)

BHSo4 Improving the quality of parastomal hernia care through a dedicated clinic

John Warner-Levy (Manchester)

BHSo5 A systematic review of randomized trials of weight loss before hernia surgery

Nadia Mclurcan (Barnstaple)

BJS Prize

BHSo6 A systematic review and meta-regression of factors affecting incisional hernia rates in midline incisions over a 10 year period.

Laurie Smith (Cardiff)

BHS Video Prize

BHSv1 Archimedes Manoeuvre

Dimitrios Damaskos (Edinburgh)

BHSv2 The open abdomen bundle

Duncan Scrimgeour (Aberdeen)

BHSv3 Hydrodissection of pre peritoneal plane to facilitate M3 W2 rvTAPP ventral hernia repair

Maciej Pawlak (Glasgow)

BHSv4 Robotic post partum abdominal wall insufficiency repair

Romilly Hayward (London)

BHSv5 Should we close M3 defects? Posterior pre-peritoneal inguinal hernia repair

Maciej Pawlak (Glasgow)

16:00 - 16:15 Closing Remarks