

BHS 2024 Programme



Monday 4th November

Session I: The clinic appointment and prehabilitation in hernia surgery
Chairs: David Sanders (Barnstaple), Stella Smith (Manchester)

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- 08:30 - 08:45 Is prehabilitation as important as we think?
Andrew de Beaux (Edinburgh)
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- 08:45 - 09:00 Prehabilitation: how to do it
Alice Birch (Barnstaple), Federica Cocciolo (Barnstaple)
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- 09:00 - 09:15 The role of new anti-obesity drugs and bariatric surgery in prehabilitation
Bruno Sgromo (Oxford)
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- 09:15 - 09:30 The clinic discussion: the first step and the patient's views
Jackie Bullock (Patient Representative, Blackburn), Srinivas Chintapatla (York)
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- 09:30 - 09:45 Discussion

Lecture sponsored by BD

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- 09:45 - 10:15 Biosynthetic mesh in hernia surgery
William Hope (Wilmington, NC)
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10:15 - 10:45 Tea and Coffee Break / Networking

Session II: Am I doing it right?

Chairs: **Mette Willaume (Copenhagen)**, **Praminthra Chitsabesan (York)**

10:45 - 11:00	How to close the abdomen properly to prevent incisional hernia Dominic Slade (Manchester)
11:00 - 11:15	The role of tissue-based repairs in groin hernias and how to do it Ralph Lorenz (Berlin)
11:15 - 11:30	Should we be using the robot in groin hernias? Oroog Ali (Gateshead)
11:30 - 11:45	How to do a rectorectus/Rives-Stoppa repair: get your basics right William Hope (Wilmington, NC)
11:45 - 12:00	How to use the peritoneal flap in your favour Iea Alabassi (Barnstaple)
12:00 - 12:15	When should you fix mesh and what is the best way to do it Nasra Alam (Manchester)
12:15 - 12:30	Discussion

12:30 - 13:30 Lunch / Exhibition

Gore Lunchtime Symposium

13:00 - 13:30

The benefits of robotic ventral hernia repair and abdominal wall reconstruction in high-BMI patients

Gregory Simpson (Wirral)

How does mesh choice affect quality of life in patients undergoing complex abdominal wall reconstruction

Toby Hammond (Basildon)

Discussion

Keynote Lecture

Introduction: Stella Smith (Manchester)

13:30 - 14:00	BJS Lecture: How to achieve the best outcomes in parastomal hernia surgery Eric Pauli (Hershey, PA)
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Session III: AWR, the need for specialist input
Chairs: Giles Bond-Smith (Oxford), Harsha Jayamanne (Newport)

14:00 - 14:15	What is a complex hernia and what is component separation? Toby Hammond (Basildon)
14:15 - 14:30	How to reduce the likelihood of performing component separation Prita Daliya (Nottingham)
14:30 - 14:45	The role of preoperative imaging Eric Pauli (Hershey, PA)
14:45 - 15:00	How to set up an abdominal wall unit: the manager's view Liz Hill (York)
15:00 - 15:15	Pushing the boundaries of TEP Oliver Warren (London)
15:15 - 15:30	Discussion

15:30 - 16:00 Tea and Coffee Break / Networking

Session IV: The small print of abdominal wall surgery
Chairs: Nasra Alam (Manchester), Aali Sheen (Manchester)

16:00 - 16:15	Diastasis recti: when to operate and what operation to do Mette Willaume (Copenhagen)
16:15 - 16:30	Abdominoplasty and AWR: when and how to do David Ross (London)
16:30 - 16:45	Management of chronic groin pain John Findlay (Barnstaple)
16:45 - 17:00	Groin pain without a hernia: history and exam Maciej Pawlak (Glasgow)
17:00 - 17:15	Management of the acute complex incisional hernia Duncan Scrimgeour (Aberdeen)
17:15 - 17:30	Discussion

Sir Astley Cooper Lecture
Introduction: Dimitrios Damaskos (Edinburgh)

17:30 - 18:00 “Digging up the dead”
Dr Druin Burch (Oxford)

Social Event (Additional Fee Applies)

Tuesday 5th November

Lecture sponsored by Intuitive

08:30 - 09:00 Total Practice Da Vinci Hernia Repair:
Clinical, Operational, and Economic Value across the spectrum of complexity
Adam Brooks (Nottingham)

Session VIII: Robotics in Hernia Surgery
Chair: Gregory Simpson (Wirral), Oroog Ali (Gateshead)

09:00 - 09:15 My experience of a robotic AWR fellowship
Joshua De Marchi (Dublin)

09:15 - 09:30 How to do a robotic Etep-TAR
Mette Willaume (Copenhagen)

09:30 - 09:45 My experience with TARUP
Michael Glaysher (Portsmouth)

09:45 - 10:00 How to do a TAPP Groin Hernia
Maarten Simons (Amsterdam)

10:00 - 10:15 Discussion

10:15 - 10:45 Tea and Coffee Break / Networking

Digital Surgery Session sponsored by Medtronic

10:45 - 11:30 Real-World Evidence and Clinical Advancements in Ventral Hernia Repair with
Hugo™ RAS
Dr Sebastien Strypstein (Tiel)

Session VI: Training in Hernia Surgery
Chairs: Nasra Alam (Manchester), Dominic Slade (Manchester)

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| 11:30 - 11:45 | Does the general surgical curriculum prepare you for all hernia surgery?
Samuel Parker (London) |
| 11:45 - 12:00 | How to train as a trainee
Roberta Garau (Edinburgh) |
| 12:00 - 12:15 | How to train as a consultant, the role of the EHS
Maarten Simons (Amsterdam) |
| 12:15 - 12:30 | HIT lists, the concept and are they good for training?
Husam Ebied (London) |
| 12:30 - 12:45 | Social media and hernia training, a blessing or a curse
Eric Pauli (Hershey, PA) |
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12:45 - 13:45 Lunch / Exhibition / BHS AGM

Demonstration

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| 13:45 - 14:00 | Demonstration of the British Hernia Society Registry
Liam Horgan (Newcastle) |
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Session VII: Medicolegal topics
Chairs: Jackie Bullock (Patient Representative, Blackburn), Toby Hammond (Basildon)

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| 14:00 - 14:15 | Patients are only human, we make mistakes too
Susannah Hill (Patient Representative, London) |
| 14:15 - 14:30 | The barrister's view
David Sharpe KD (Belfast/London) |
| 14:30 - 14:45 | GIRFT in hernia surgery
Mark Cheetham (Shrewsbury) |
| 14:45 - 15:00 | Discussion |
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Prize Session

Chairs: Artur Zanelato (Edinburgh), David Sanders (Barnstaple)

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| 15:00 - 16:00 | Presentations for Best Oral and Best Video Prize |
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Register Now!